

Minnesota Synchronettes

2011 FIGURES

12 & Un. Age Group / Intermed. B

Required

Ballet Leg Single	1.6
Front Walkover	2.1

State and Regionals

Neptunus	1.8
Barracuda	2.0

AG Nationals

Somersub	2.0
Kipnus	1.6

Add'l Rotation (Assoc)

Porpoise	1.9
Swordfish	2.0

16 & Over Age Group

Required

Kip Split Closing 180	2.5
Ibis Continuous Spin	2.8

State and Zones

(tbd mid-Sept, could be:)

Porpoise Full Twist	2.5
Knight	3.1

Regionals

Flying Fish	3.0
Catalina Twirl	2.8

AG Nationals

Gaviata Open 180	2.8
Cyclone	2.7

13-15 Age Group / Intermed. A

Required

Back Walkover	2.0
Porpoise, Spinning 360	2.1

State and Zones

(tbd mid-Sept, could be:)

Albatross	2.2
Reverse Catalina	2.1

Regionals

Barracuda 180	2.1
Flamingo Bent Knee	2.4

AG Nationals

Heron	2.1
Kip Half Twist	2.2

High School Varsity

Ballet Leg	1.6
Front Walkover	2.1
Tower	1.8
Bent Knee Barracuda	2.0

Novice

Ballet Leg, Single	1.6
Somersault, back tuck	1.1
Dolphin	1.4
Shrimp	1.4